
EVERYTHING YOU NEED TO KNOW ABOUT GOING TO STOWE

HIGHLIGHTS IN PURPLE

ACTION ITEMS HIGHLIGHTED IN RED

SUGGESTIONS HIGHLIGHTED IN YELLOW

TOPICS COVERED

- 1) REGISTRATION
- 2) THE RACE
- 3) DINING
 - a) BREAKFASTS
 - b) GROUP MEALS
 - c) MEALS ON YOUR OWN
- 4) ACTIVITIES ON THE SLOPES
 - a) LIFT TICKETS
 - b) KIDS ADVENTURE
 - c) RENTALS
- 5) ACTIVITIES OFF THE SLOPES
 - a) Cross-country skiing, snowshoeing, ice skating, sledding
 - b) Fitness center, outdoor pool, spa
 - c) Kids Camp, babysitting
- 6) FIRESIDE FORUMS
- 7) RAFFLES & AUCTIONS
- 8) AFTER PARTIES
- 9) CHARITIES
- 10) GENERAL RULE/REQUEST
- 11) SPONSORSHIPS STILL AVAILABLE

1. REGISTRATION

Great Room in Spruce Camp (upstairs), **Sunday 6pm-7:45pm; Monday 7:30am-9:30am and 6pm-7pm**

Come to registration on Sunday Night to pick up your lanyard and lift tickets.

Sign up for the Race, Kids Camp, and more.

Free giveaways! Limited supply.

2. THE RACE

Pick up your race bibs at Spruce Camp, Tue. morning 7:30am-11am

Race Clinic Competition Hill, Tue. 9:30am – 10:15am

Gold Medal Olympian Donna Weinbrecht will be giving tips to all racers who take part in the clinic.

The Race Competition Hill, Tue. 10:30am – 12:00pm

Not racing? **Please watch and cheer on your FCS colleagues and family.**

3. DINING

Breakfast, Spruce Camp, Mon. & Tue. 7:30am – 9:30am

Show your RFK Lanyard to the cashier, and breakfast is on the FCS!

If you have an EPIC pass, please show it to the cashier; it will save the FCS 20% on your breakfast. (More money for the charities.)

Note: Spruce Camp offers a limited menu for breakfast: only bagel sandwiches (egg, cheese, bacon, sausage), loaded breakfast tots, muffins, churro donuts, cinnamon buns, whole fruit and cereal cups.

GROUP MEALS

Sunday Welcome Reception, 6pm-7:45pm

FCS provides a light dinner in Spruce Camp, featuring a “build your own rice bowl” (tandoori chicken or tofu), 2 types of sandwiches (turkey, roast beef), a roasted vegetable wrap, mixed green salad, cookies and brownies. **Two drink tickets** per adult for beer & wine. Soft drinks are free. Full cash bar available (*Technically it’s cashless; cash for tips always appreciated!*)

Monday Dinner, 6:30pm-9:30pm

FCS provides a buffet dinner in the Spruce Camp Great Room, featuring flank steak and herb & citrus chicken entrees, salad, veggies/potatoes, tomato bisque, mac&cheese, bite size sweets and a Ben & Jerry’s Ice Cream Cart. **Two drink tickets** per adult for beer & wine. Full cash bar available. (*Technically it’s cashless; cash for tips always appreciated!*)

Tuesday Awards Reception, 5pm-6pm

FCS provides a selection of hors d’oeuvres. **Open bar.**

After Parties

Base Camp Bar – Sunday (10pm-11pm) Desserts and after-dinner drinks. Cash bar. *(Cashless transactions only.)*

Midway Lodge - Monday (9:30pm-12:30am); **open bar until 10:30pm**, full cash bar afterwards. Sliders and chicken/waffle bites. *(Cashless transactions only.)*

Casino Night at the Lodge - Tuesday (8:30pm-12:00am); **open bar until 9:30pm**, full cash bar afterwards. *(Cashless transactions only.)*

MEALS ON YOUR OWN

Lunches are up to the individual. At the resort, Alpine Hall and Whistle Pig are open for lunch. An après ski menu is available in the Topsy Trout beginning at 3pm. The Upper Lobby Specialty Bar offers snacks beginning at 3pm.

There's no group dinner on Tuesday night. We suggest you book well in advance for the Lodge's restaurants, Alpine Hall and The Topsy Trout. Otherwise, there are a number of great restaurants 15-25 minutes away from the Resort in/around the town of Stowe, some of which have donated **gift certificates** that will be raffled off at Monday's dinner event.

No group meals (or events) on Wednesday.

4. ACTIVITIES ON THE SLOPES

Lift Tickets/Epic Pass

If you signed up to ski/snowboard, you'll receive a 2-day lift ticket at Registration. If you wish to ski a 3rd day, we can provide you with a voucher that entitles you to purchase an additional day at a discounted rate. If you know in advance you would like to ski an additional day, we can email the voucher to you before your arrival. All additional tickets can be purchased directly and in-person at the ticket office in the Spruce Camp. Vouchers can be emailed in advance for your convenience, but we will also have the information at registration as well. If you plan to arrive in Stowe early and wish to purchase a discounted ticket for Sunday, we will need to know in advance so we can email the voucher you will need to present at the ticket window before your arrival.

If you have an Epic pass, please be sure to bring it with you to Stowe!

Kids Adventure

Act fast if you plan to register your child for ski school! If you wish to sign up for **Kids Adventure (ski/snowboard lessons for various levels)**, parents/guardians should register online through www.stowe.com (see the "Lessons/About Ski and Ride School " section). Reservations will need to be made by calling Stowe directly at (802) 253-3685.

- Please register **well in advance** as enrollment is limited and typically sells out. **DO NOT WAIT TO ARRIVE IN STOWE TO MAKE YOUR ARRANGEMENTS.**
- Guests are responsible for purchasing all Adventure Center lessons directly through Stowe. Once you sign your child/children up for a program, the Adventure Center will give you instructions on

how to proceed and where to go the day of your lesson. There will not be a representative from the Adventure Center at the FCS Registration, which is another important reason to book early and guarantee your spot for lessons.

RENTALS

If you're looking to rent any equipment, stop by longtime FCS supporter **Pinnacle Ski & Sports** (1652 Mountain Road, Stowe) before you get to the Lodge. will be offering RFK attendees **20% off on all rentals and retail items**. Use coupon code: FCS20.

Our partners at Vail Resorts are offering a **25% discount** on equipment rentals. [Rental Information](#).

5. ACTIVITIES OFF THE SLOPES

Cross-Country Skiing *(Subject to snow conditions!)*

The [Cross-Country Center](#) is just 10 minutes from the Lodge. You can rent equipment and pay for a permit for their trails.

Snowshoeing *(Subject to snow conditions!)*

You can also snowshoe at the [Cross-Country Center](#). Or rent shoes at the Lodge and **hike on your own for free on the Resort property** (e.g., across the golf course or up Mountain Round towards Smugglers Notch). You can also pay for a guided tour (with hot cocoa!). **Reservations can be made through the Lodge by calling 802.760.4061. We recommend you do so in advance!**

Ice Skating

The outdoor skating rink is open and free. Skates are available to rent. Hours are Sunday-Wednesday 12:00pm-6:00pm (weather dependent).

Sledding *(Subject to snow conditions!)*

There's a **great hill for sledding/tubing** behind the Stowe Elementary School (254 Park St.). Bring your own or buy plastic sleds at Shaw's General Store on Main Street.

Fitness Center

Hours of Operation: 5:00am - 10:00pm

Plenty of **workout equipment** is available for free in the fitness center overlooking the outdoor pool.

Outdoor Pool

The pool is heated and there are **two outdoor hot tubs**.

Spa

Hours of Operation: Spa/Salon 8:00am - 7:00pm Daily

Reservations are strongly recommended. Mention FCS Race for Kids and get a **\$25 discount** in midweek appointments. Call 802.760.4782.

Kids Camp

The FCS partners with Apple Tree Learning Centers to provide two **FREE** fun and stimulating evenings of Kids Camp on January 8 & 9 for children 5-12 years old. Camp will run from **8pm-11pm on Monday and 7pm-11pm on Tuesday**. Campers will have opportunities to participate in a themed activity each night, as well as enjoy a variety of fun games and crafts. **Sign up for free at Registration Sunday night.**

Babysitting

You must book in advance! Call Apple Tree Learning Centers 802-253-4321. Note: Apple Tree runs our on-premises Kids Camps, and recruits babysitters on a demand basis.

- The price per baby-sitter will be \$30.00 – \$35.00 per hour depending on the number of children.

6. FIRESIDE FORUMS

Business guests are encouraged to attend our 3 days of Fireside Forums, to enjoy research presentations, panel discussions, one-on-one interviews and more.

- **Sunday 8pm-10pm** in the Alpine Lounge in the Spruce Camp Great Room. There will be 3 back-to-back sessions, presented by Nativo, Yahoo Finance, and Ptarmigan Media.
- **Monday 9am-11:15am** in Tamarack A Room at the Lodge. There will be 3 back-to-back sessions, presented by Level Agency, The Bliss Group, and The New York Times. We then continue after lunch, **1:30pm-5:00pm** with 5 back-to-back sessions, presented by Reuters, Bloomberg Media, and WSJ | Barron's Group.
- **Tuesday 1:30pm-5:00pm** in Tamarack A Room. There will be 5 back-to-back sessions, presented by Business Insider, Ptarmigan Media, Corporate Insight, KNow Research & 2112 Communications, and Edelman Smithfield.

The Sunday night Forum includes an Open Bar, and an Open Bar will be available beginning at 3pm on Monday and Tuesday.

7. RAFFLES & AUCTIONS

Raffles, Silent Auction and Live Auction will be staged at the Monday night dinner.

IF YOU ARE DONATING A PRIZE, PLEASE ADVISE Kevin Windorf, kevin@thefcs.org, 908-858-0427 BEFORE THE EVENT.

Some of the big ticket prizes this year will include sports tickets, rounds of golf, electronics, jewelry, and baskets galore!

The Live Auction will feature vacation packages donated by The Lodge at Spruce Peak and the FT.

Our recommendation: **come ready to spend!** (And help us raise money.)

You don't need to be present to win... if you put your name on your tickets. **Hint: Bring address labels from home so you don't have to spend the night filling out your tickets!**

1 ticket for \$10... up to 20 tickets for \$100

8. AFTER PARTIES

Sunday night, 10pm-11pm

Following our opening night Fireside Forum, we invite you to step back to the Base Camp bar for an “après-forum” happy hour featuring after dinner drinks, desserts, and more **live music** from Jay Burwick, who leads A House On Fire, our Monday night band. Full cash bar. Grab your coat and enjoy your Irish Coffee or whisky neat in front of the fireplace on the terrace right outside of the bar. (Weather permitting.)

Monday night, 9:30pm-12:30am

We’ll be going just across the road to the Midway Bar & Pizza. We’ve rented two buses to shuttle guests (no kids please) to/from Midway and the Lodge. It’s a 3-minute ride.

- From 9pm – 1am, the bus will leave “Hourglass Circle” at the South Wing of the Lodge, near the Performing Arts Center, drop off at Midway, and continue the loop all night long.

Live Band “A House On Fire” will be playing all your favorite rock & dance hits.

There will be a **Fastbreak Billiards Tournament** and an **Air Hockey Tournament**. \$5 donation to enter either game, winner gets a \$100 Amazon gift card. Play as often as you’d like. **The FCS is buying the drinks until 10:30pm.** Full cash bar and light snacks (sliders & fries) will be available.

Tuesday night, 8:30pm-12:00 midnight

Our inaugural Casino Night was a big hit last year, so we bringing it back, adding a 5th blackjack table, and extending playtime from 8:30pm-11:30pm. There’s also craps, roulette and Texas Hold ‘Em. At 11:30pm, you turn your winnings into raffle tickets to win 3 big prizes. (Winner need not be present.) Beginning at 8:30pm, **DJ Nick from 802Events will be playing your favorite dance hits.** So if the casino isn’t your vibe, you can dance the night away. There will also be a fun **photobooth**. **Open bar until 9:30pm.** Full cash bar will be available.

9. CHARITIES

At Monday night’s Dinner, we’ll hear from folks representing our three charities:

- Make A Wish Vermont
- Hope & Heroes Columbia Medical Center
- Downey Side (adoptive family, the Perone family).

We ask that you give our young speakers your full attention and respect.

Note: raffle tickets will not be sold during their presentations, so buy early (and often).

10. GENERAL RULE/REQUEST

Please wear your RFK lanyard at all times.

11. SPONSORSHIPS STILL AVAILABLE

If you have some extra budget, the FCS would graciously welcome donations of **any size** to help us offset some of our uncovered costs, including:

• Monday Live Band	• Monday Shuttle Bus
• Race Clinic	• Race Results
• Tuesday DJ	• Tuesday Casino Night

Please contact Kevin Windorf or Tim Hart if you can help. Every dollar the FCS does not spend goes into our donation shared by the 3 charities. *Thank you for your support!*